

Reclaiming Beauty



- 1. Breaking Free from the World's Definition of Beauty**

A grounding return to what beauty truly is —beyond trends, filters, and the loud expectations of culture. Discover the beauty already within—character, courage, compassion, and God-given identity—and step out of comparison and into truth.
- 2. From Brokenness to Beauty in Relationships**

Relationships shape us, and broken relationships can distort how we see ourselves. Explore how God restores what has been wounded, heals what has been fractured, and brings beauty from places marked by hurt. Where harm once lived, hope now grows.
- 3. Dating with Purpose**

Dating can be confusing and emotionally draining. Here we rediscover beauty in dating—through boundaries, clarity, self-worth, and discernment. Learn how to date from a place of confidence and dignity—rooted in the love of God, not the approval of someone else.
- 4. Our Relationship with God, Ourselves, and Others**

Learn to love God completely, ourselves correctly, and others compassionately. Love God completely by knowing His character, His attributes, and His heart. Love yourself correctly by grounding your identity in biblical truth, not performance, appearance, or others' opinions. Love others compassionately by offering grace from wholeness, not depletion. This is beauty in its most relational and transformative form.
- 5. Who God Sees When He Sees You**

True beauty begins with the eyes of God. Unveil how God sees you—beloved, intentionally created, fully known, and deeply cherished. Discover the truths that anchor your identity and reveal the beauty God has always seen in you.
- 6. The Journey Back to You**

The journey of reclaiming beauty leads us back to our truest selves. Through reflection, spiritual practices, and gentle self-compassion, we explore how to return to the “you” God originally designed. This is the path of restoration, freedom, and soul-wholeness.
- 7. Modesty Redefined**

It is time to reframe modesty as a posture of the heart—rooted in dignity, confidence, and identity in Christ. It's about carrying yourself in a way that reflects God's love, honors your worth, and communicates the beauty of a secure, centered soul. True modesty becomes less about covering up and more about living from a place of sacred worth.